

Course setter's and controller's statement

The Fin5 2023 begins in the terrains of Lamminrahka at the border of Kangasala and Tampere.

The runners are able to unwrap a new suburban area under construction and take advantage of the already paved streets in the competitino center and parking.

The forest area is split into differing terrains by outdoor trails and forest roads.

The northern part of the map consists mainly of detailed rocky hills and swamps between them. The area is split by the protected swamp of Lamminrahka on the southern side of which the area is dominated by fast mixed forest. There is also a rather large village of small huts that are marked on the map with the special symbol (X). The area is also marked in the maps at the start.

The map is very easy to read and with the with the fast terrain it offers a good foundation for fast performances. The potential of the terrain was kept in mind during the course planning and therefore we can offer you fast and demanding middle-distance orienteering to match modern standards.

The childrens courses rely on the trails for support.

Remember to keep calm on this first race of the week!

Course setter Lauri Nuutila ja controller Oopee Hirvonen (TP)